

Limietwedstrijd
Dordrecht, 11-5-2019

Programmanr. 29
11-5-2019 - 16:31

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	200200118	tijd	RT
1.	Sophie de Jonge	Wvz	4:36.15	200200118	4:37.41	+0,77
	50m: 31.24	31.24	150m: 1:39.97	34.89	250m: 2:50.89	35.51
	100m: 1:05.08	33.84	200m: 2:15.38	35.41	300m: 3:26.83	35.94
					350m: 4:02.62	35.79
					400m: 4:37.41	34.79
2.	Mara Bosman	The Hague Swimming (SG)	4:55.78	200303048	4:55.46	+0,74
	50m: 33.25	33.25	150m: 1:47.50	37.64	250m: 3:02.83	37.47
	100m: 1:09.86	36.61	200m: 2:25.36	37.86	300m: 3:40.71	37.88
					350m: 4:17.91	37.20
					400m: 4:55.46	37.55
3.	Diana Noordermeer	SG SCOM/de Zeehond'73	5:00.00	200102110	5:01.49	+0,55
	50m: 35.12	35.12	150m: 1:49.54	37.38	250m: 3:05.55	38.01
	100m: 1:12.16	37.04	200m: 2:27.54	38.00	300m: 3:44.37	38.82
					350m: 4:23.60	39.23
					400m: 5:01.49	37.89
4.	Leyla Oversluizen	MNC Dordrecht	4:52.66	200602730	5:05.02	
	50m: 33.84	33.84	150m: 1:51.94	39.41	250m: 3:11.13	39.72
	100m: 1:12.53	38.69	200m: 2:31.41	39.47	300m: 3:49.57	38.44
					350m: 4:28.26	38.69
					400m: 5:05.02	36.76
5.	Isa Maes	Feijenoord Albion	4:45.99	200500110	5:07.68	+0,74
	50m: 35.03	35.03	150m: 1:52.97	39.69	250m: 3:11.54	39.26
	100m: 1:13.28	38.25	200m: 2:32.28	39.31	300m: 3:50.45	38.91
					350m: 4:29.82	39.37
					400m: 5:07.68	37.86
6.	Britt van't Zant	Feijenoord Albion	5:00.80	200501170	5:08.65	+0,81
	50m: 34.02	34.02	150m: 1:51.26	39.44	250m: 3:11.15	39.97
	100m: 1:11.82	37.80	200m: 2:31.18	39.92	300m: 3:51.70	40.55
					350m: 4:31.60	39.90
					400m: 5:08.65	37.05
7.	Hilda Vrijbloed	De Duck	5:09.76	200600732	5:21.89	+0,98
	50m: 35.24	35.24	150m: 1:56.89	40.94	250m: 3:19.70	41.40
	100m: 1:15.95	40.71	200m: 2:38.30	41.41	300m: 4:02.23	42.53
					350m: 4:42.94	40.71
					400m: 5:21.89	38.95
8.	Dide Provily	ZPC Wiekslag	5:23.31	200700480	5:25.92	
	50m: 34.95	34.95	150m: 1:57.42	41.59	250m: 3:22.14	42.67
	100m: 1:15.83	40.88	200m: 2:39.47	42.05	300m: 4:04.27	42.13
					350m: 4:45.85	41.58
					400m: 5:25.92	40.07
9.	Nikita Snoeren	Wvz	5:43.09	200600342	5:32.66	+0,70
	50m: 36.03	36.03	150m: 2:00.31	42.93	250m: 3:25.59	42.89
	100m: 1:17.38	41.35	200m: 2:42.70	42.39	300m: 4:08.84	43.25
					350m: 4:51.74	42.90
					400m: 5:32.66	40.92
10.	Katja Kuijlaars	MNC Dordrecht	5:24.43	199900016	5:35.75	
	50m: 36.90	36.90	150m: 2:02.70	44.18	250m: 3:28.48	42.51
	100m: 1:18.52	41.62	200m: 2:45.97	43.27	300m: 4:12.06	43.58
					350m: 4:55.25	43.19
					400m: 5:35.75	40.50